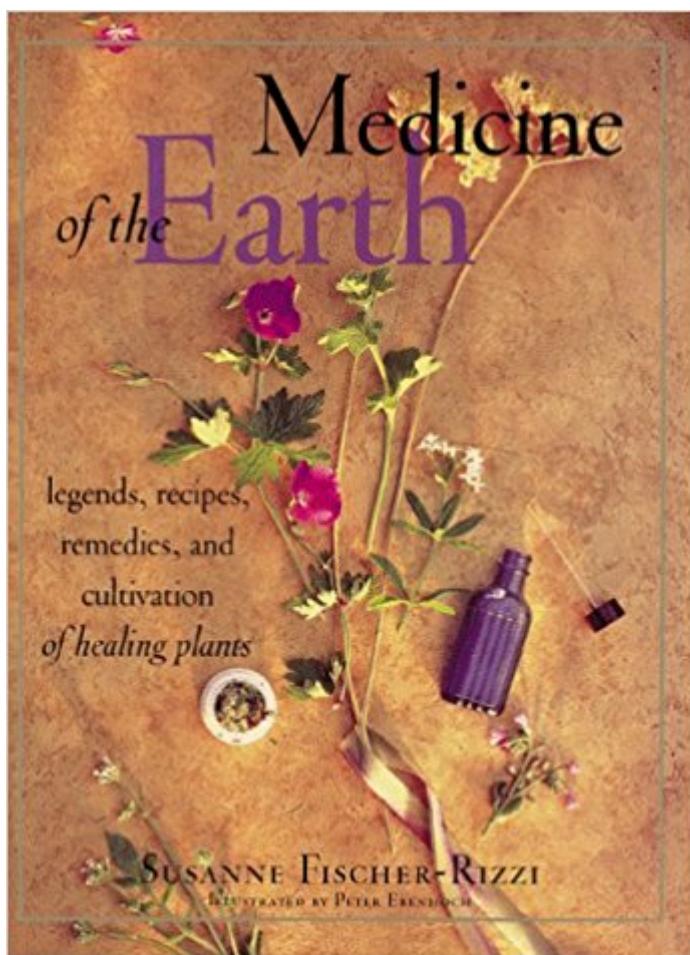


The book was found

Medicine Of The Earth: Legends, Recipes, Remedies, And Cultivation Of Healing Plants



Synopsis

Culinary recipes, medicinal preparations, cosmetic uses, and aromatherapies of 33 common herbal plants.

Book Information

Paperback: 320 pages

Publisher: Rudra Press; 1 edition (January 7, 1997)

Language: English

ISBN-10: 0915801590

ISBN-13: 978-0915801596

Product Dimensions: 6 x 1 x 9 inches

Shipping Weight: 1.8 pounds

Average Customer Review: 3.1 out of 5 stars 4 customer reviews

Best Sellers Rank: #1,676,900 in Books (See Top 100 in Books) #76 in Books > Medical Books > Pharmacology > Reference #1098 in Books > Health, Fitness & Dieting > Alternative Medicine > Aromatherapy #2378 in Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies

Customer Reviews

Fischer-Rizzi lives in the German Alps and includes many stories of European, especially German, folklore and religious myths as well as pertinent excerpts from literary prose and poetry in what is decidedly not the usual herbal remedy book. After a preface conveying her general attitude toward plants and their growth and use, she considers 33 herbs at length. Each plant appears in several detailed and clear illustrations that accompany its common and scientific names, its botanical description and history, and some anecdotes about it. Practical information on cultivation, healing properties, and culinary, veterinary, and cosmetic uses as well as some recipes and a table of botanical characteristics round out each entry. Warnings are provided wherever necessary.

References and an illustrated glossary conclude this attractive addition to herbal literature. William Beatty

Any interested in herbal remedies should make this a part of the home or public library: legends, recipes, and cultivating of healing plants is surveyed in an excellent all-around guide. Plenty examine herbal history and myth: too few follow up on the basics of locating and using the herbs in practical remedies. This fits the bill. -- Midwest Book Review

Stumbling across the current one and only, anemic one star "review", and having the book here in hand, I feel compelled to speak a bit for those whose voices here should be heard, and balance out this review. If you're familiar with this book, please plant your own review here also. Interestingly, 33 herbs are covered, not all the usual suspects either, but interesting mix: angelica, arnica, burdock, calendula, centaury, chicory, coltsfoot, comfrey, cowslip, dandelion, dead nettle, figwort, german chamomile, goldenrod, greater celandine, ground ivy, hemp agrimony, herb robert, horsetail, lady's mantle, male fern, mugwort, mullein, plantain, ramsons, st. john's wort, silverweed, stinging nettle, sweet clover, sweet woodruff, tormentil, valerian, yarrow, and bibliography. So, there are forgotten medicinal plants here, whose information alone makes this a valuable resource. And who could resist quotes from forgotten herbalists as well, like *Tabernaemontanus*. And did you know that every leaf of a piss-a-beds,aka cankerworth, lion's teeth, priests crown, swine snout, white endive, wild endive, alias The Dandelion, every leaf of plant is unique in shape? So, author sees very deep through the obvious abstraction of the word "weed" that stops most people's inquiry, and knee jerks them towards the roundup, right there. The author also, e.g., points out many different types of horsetails, and their nuances. The Ronald Reagan "seen one redwood, seen them all" virus is still rampant, and thus, who can afford the time to notice the differences? The author has, and you will also, once you've inhaled this contagious collection. Each herb written about has info and insights new to the reader that can break out of the RR trance. If you're yawning, then perhaps you should get back to weeding, but I'd imagine, for beginner to seasoned practitioner, there's a lot of rich material here for everyone, chemist and alchemist, to find fertile shared soil and soul.

Book is great and does the job in identifying the herbs perfectly.

I do not have experience with all medicinal herbs (which is why I've been reading books on the subject) but I do grow comfrey and have some knowledge of this herb. So I read with trepidation the books suggestion to use comfrey both internally and externally for best results. The author says to use Canadian comfrey roots to make tinctures, teas and salves. The latest medical recommendations are not to use comfrey internally at all because of liver damage potential and I don't think anyone sells comfrey for internal use. I see that this book copyright is 1984 and my edition is 1996. Perhaps this was written before liver damage due to comfrey was discovered. But it calls into question whether I can trust other herbal recommendations and how up to date the information in this book is.

Very disappointed to get an OLD LIBRARY BOOK. Yuk! It got rave review in Herb Companion magazine but doesn't have much to offer in content.

[Download to continue reading...](#)

Medicine of the Earth: Legends, Recipes, Remedies, and Cultivation of Healing Plants House Plants: A Guide to Keeping Plants in Your Home (House Plants Care, House Plants for Dummies, House Plants for Beginners, Keeping Plants in Your Home, DIY House Plants Book 1) Air Plants: A Beginners Guide To Understanding Air Plants, Growing Air Plants and Air Plant Care (Air Plants, Ornamental Plants, House Plants) Natural Healing and Remedies Cyclopedia: Complete solution with herbal medicine, Essential oils natural remedies and natural cure to various illness. (The answer to prayer for healing) Native American Medicine: Discover the Natural Healing Secrets and Remedies for Your Mind, Body and Spirit (Native American Medicine, Natural Remedies, ... Treatment, Herbal, Naturopathy Book 1) Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Natural Antibiotics And Antivirals: The Complete Guide To Homemade Natural Herbal Remedies To Prevent And Cure Infections and Allergies (Home Remedies, Herbal Remedies, Organic Antibiotics) House Plants: Volume III: 2 Book Boxset - Air Plants & Your First Cacti (Ornamental Plants, House Plants, Indoor Gardening 3) Foraging: A Beginners Guide To Foraging Wild Edible Plants (foraging, wild edible plants, foraging wild edible plants, foraging for beginners, foraging wild edible plants free,) Encyclopedia of Tropical Plants: Identification and Cultivation of Over 3000 Tropical Plants Achieving sustainable cultivation of rice Volume 2: Cultivation, pest and disease management (Burleigh Dodds Series in Agricultural Science) CANNABIS: Marijuana Growing Guide - Hydroponics, Automated Cultivation Systems and Modern Greenhouse Technologies (CANNABIS SCIENCE, Cannabis Cultivation, Grow Ops, Marijuana Business Book 1) Achieving sustainable cultivation of wheat Volume 2: Cultivation techniques (Burleigh Dodds Series in Agricultural Science) Fibroid Reversal: Doctor's Guide To Natural Remedies, Treatment Guide To Healing Uterine Fibroids With homemade remedies, Cure And Genitourinary Recovery Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) Natural Remedies: Learn The Basic Baby Steps About All Of These Profound Healing Remedies To Cure Illnesses In This Collection Healing Hepatitis & Liver Disease Naturally: Detoxification. Liver

gallbladder flush. Alternative remedies for hepatitis C. Heal Hepatitis B with natural ... remedies. Stop cirrhotic progression Crystals: The Ultimate Guide To: Energy Fields, Auras, Chakras and Emotional Healing (Aura, Healing Stones, Crystal Energy, Crystal Healing, Energy Fields, Emotional Healing, Gemstone) Herbal Medicine Natural Remedies: 150 Herbal Remedies to Heal Common Ailments

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)